QMHP Post Graduate Degree Courses

These Courses can be taken if degree does not qualify for the QMHP but has substantial related coursework. Must be approved by MHACBO after transcripts review and course consultation or may not be accepted for QMHP Registration/Certification. If you have found courses not on this list please submit to mhacbo@mhacbo.org *for review.*

Portland State University

COUN551 - Theories and Interventions I (3 quarter credits) This course focuses on providing an overview of counseling theories and their practical applications with various populations. The emphasis will be on learning the key concepts of each major theory across three dimensions: (a) human nature, (b) pathology, and (c) treatment. The focus will also be on conceptually applying each theory to client cases and on understanding underlying values and common elements across theories. (Interventions Requirement)

COUN541 - Introduction to Counseling (3 quarter credits) This course introduces the counseling profession. Specifically, it focuses on introducing theories and skills related to working with individuals, groups, and families across a variety of settings. (Basic Counseling & Interventions Requirements)

COUN530 - Introduction to Psychiatric Diagnoses (3 quarter credits) Covers the causation, criteria, diagnosis and classification of the major psychiatric disorders. Emphasis is placed on both the traditional medical model and on the psychosocial model of diagnosis. Developmental aspects associated with normal and abnormal personalities will also be discussed. (Assessment/Diagnosis Requirement)

COUN585 - Diagnosis and Treatment Planning I (3 quarter credits) This course introduces students to the diagnosis and treatment of psychiatric disorders as outlined in the current Diagnostic and Statistical Manual of Mental Disorders. Emphasis on diagnostic reasoning, basic map and thinking process embedded in the current Manual. Use of decision trees to arrive at accurate diagnoses. Overview of conditions covered in the Manual. (Prerequisite: COUN541) (Assessment/Diagnosis Requirement)

PSY532 - Clinical Interviewing (4 quarter credits) Introduction to principles and techniques of interviewing. Focus on clinical applications in organizational settings. (Basic Counseling Requirement)

Capella University

COUN5107 - Principles of Psychopathology and Diagnosis (4 quarter credits) Learners in this course examine psychopathology principles, professional literature and current issues associated with assessing mental disorders. Learners critically evaluate diagnostic models, methods and approaches used in diagnosing and treating individuals, couples and families. Learners also explore the current DSM classifications and diagnostic issues associated with multicultural populations. (Assessment & Diagnosis Requirement)

COUN5239 - Theories of Psychotherapy (4 quarter credits) This course presents various theories of psychotherapy and their respective philosophical principles and assumptions. Learners evaluate the theoretical concepts and evidence-based practices of psychotherapy and examine appropriate application of theories and interventions to a diverse client population. (Interventions Requirement)

Purdue Global

PS511 Chemical & Psychological Counseling (5 quarter credits)

This course provides an overview of dependency counseling strategies using a biopsychological approach to help identify, change, and maintain dependency-free behaviors. You will use your understanding of the biopsychological model to explore how substance use and process disorders begin and intensify as a complicated interaction between chemical and behavioral changes that occur during addiction. You will practice identifying diagnoses using the Diagnostic and Statistical Manual of Mental Disorders and proposing appropriate interventions through evaluating and writing case studies. (Diagnosis & Interventions Requirement)

PS525: Foundations of Psychopathology (5 Quarter Credits)

This course explores the major concepts, issues, and the theory of psychopathology as behavior that is considered normal and that is considered pathological is reviewed. Topics include emotional, personality, psychotic, and development disorders; current research methodologies; and ethical/legal issues in face-to-face and telehealth clinical practice. You will be introduced to the Diagnostic and Statistical Manual of Mental Disorders (DSM-5-TR) system, which is used as a format for classification of disorders and choice of treatments for both child and adult mental disorders. Assessment strategies and limitations of diagnostic systems will also be examined. (Diagnosis & Assessment Requirement)

University of Phoenix

PSY275 Introduction to Abnormal Psychology (3 quarter credits) This course introduces the study of major psychological disorders as defined in DSM 5, including their diagnoses, causes, and treatments. It covers such subjects as depression, bipolarity, anxiety, panic,

somatoform, dissociation, substance abuse, anorexia, schizophrenia, and childhood disorders, as well as gender and cultural differences. (Diagnosis & Assessment Requirement)

Grand Canyon University

CNL515 Counseling Skills (3 quarter credits) This course provides a broad understanding of counseling processes, including characteristics and behaviors that influence the helping processes. Included are age, gender, ethnic differences, verbal and nonverbal behaviors, personal characteristics, and orientations. The development of counseling techniques is emphasized, including establishing and maintaining the counseling relationship; diagnosing and identifying the problem; formulating a preventative, treatment, or rehabilitative plan; facilitating appropriate interventions; and successfully terminating the counseling relationship. (Basic Counseling & Documentation/Case Management Requirement)

CNL610: Clinical Assessment, Diagnosis, and Treatment (3 quarter credits) This course provides a conceptual framework for the use of assessment and diagnostic tools for the development of appropriate treatment interventions for a variety of behavioral health and substance use disorders. Included is an introduction to the use of the diagnostic tools, including the DSM, and the integration of diagnostic and assessment information, in the development of treatment plans.

CNL500: Theories and Models of Counseling (3 quarter credits) This course provides a comprehensive survey of the major counseling theories and principles. Coursework includes the following theories: psychoanalytic, Adlerian, existential psychotherapy, behavioral, cognitive behavioral, person-centered, reality therapy/choice theory, and rational emotive behavioral therapy (REBT). (Interventions Requirement)

CNL-644: Assessment of Mental and Emotional Health Status (2 quarter credits) Students in this course are introduced to a variety of testing instruments used to determine a client's emotional or mental status. Assessment procedures are explored within the context of diagnosis and treatment planning. This course focuses on the administration and interpretation of individual and group standardized tests of mental ability, personality, and measurement.

Graduate Certificate Programs

These are not a master's degree. They will not be accepted for the QMHP unless they have been added to a fully conferred master's degree in a closely related field . Must be vetted to assure all competencies will be met. Must be 500 level courses or higher.

Antioch University

Post master's Certificate in Clinical Mental Health Counseling

https://www.antioch.edu/academics/counseling-therapy/certificates/post-masters-certificate-in-clinical-mental-health-counseling/

Regent University

Certificate of Graduate Studies in Clinical Mental Health Counseling (9 credits)

https://www.regent.edu/program/certificate-of-graduate-studies-in-clinical-mental-health-counseling/

Capella University

Contemporary Theory in Mental Health Services

https://www.capella.edu/online-counseling-degrees/counseling-certificate-programs/certificate-contemporary-theory-mental-health-services/