QMHA-R
Registered Mental Health Associate working towards certification

Registration
Personal information & demographics

Supervisory Competency Assessment
Easy to use online OAR-compliant assessment form completed by a qualified supervisor: Oregon Administrative Rule requires a qualified supervisor (not necessarily a direct supervisor) to document that the QMHA candidate demonstrates the ability to communicate effectively; understands mental health assessment, treatment, and service terminology; application of these concepts; ability to implement skills development strategies, and able to identify, and coordinate the services and supports identified in a service plan, functioning within their scope of practice defined in OAR (309-019-0125(9)). This assessment is typically made through information gathered and inferred from the employment interview, prior occupational experience, and education.

Primary Source Education & Experience
Primary source verification of a bachelor’s degree in behavioral health; or an equivalent degree with applicable coursework meeting the required competencies. Applicants who do not possess a bachelor’s degree must present a combination of at least three years of relevant education and experience (309-019-0125(9)(a)(b)).

Code of Conduct
Signed commitment to Oregon’s Behavioral Health Code of Conduct.

Recertification every two years
QMHA Registrants will have up to two years to complete full certification.

QMHA-I
Basic Mental Health Associate Certification

Updated Registration
Personal information & demographics

Advanced Competency Assessment
1,000 supervised hours in the QMHA Competencies (CES© Role Delineation, SAMHSA-HRSA Core Competencies, Centers for Medicaid & Medicare DSW Core Competencies):
- Communication skills
- Engagement skills
- Data gathering
- Practicing consumer inclusion
- Monitoring, observing, & reporting
- Teaching basic/community living skills
- Resource referral
- Implementing interventions
- Enhancing consumer participation
- Assisting with activities of daily living
- Facilitating family involvement
- Professional & ethical conduct
- Regulatory compliance
- Safety monitoring and assessments
- Documentation
- Cultural/equity practices

QMHA Level I Professional Psychometric Competency Exam, CES©
Professional psychometric exam covering the QMHA competencies. 100 multiple choice questions.

Optional Advanced Certification
for individuals who wish to pursue it.

Pre-requisite QMHA-I Certification
Individuals must be certified as QMHA-I in order to apply for QMHA II certification.

Advanced Supervised Experience
Minimum of 4,000 supervised experience hours in the QMHA Competencies.

QMHA Level II Professional Psychometric Competency Exam, CES©
Advanced examination which includes advanced practice, case management, care coordination, and jurisprudence regulatory compliance and ethics.

QMHA-II
Advanced Mental Health Associate Certification

Updated Registration
Personal information & demographics

Continuing Education
40 Hours of accredited/approved behavioral health continuing education or education provided within Oregon state approved mental health agencies

Comprehensive Examination Services, CES National exams are produced by Comprehensive Examination Services, contracted with the SAMHSA GAINS Center, Mental Health America, Oregon, Florida, Illinois, New York, Canada and California.
### QMHA Accepted Degrees

#### Examples of accepted degrees

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### To apply:

To apply in Ceretmy, go to “QMHA Certifications” at MHACBO.org and click on the appropriate link:

- **QMHA with no Bachelor’s Degree**
- **QMHA with Bachelor’s Degree**

For more information contact MHACBO staff at:

- mhacbo@mhacbo.org
- Online chat at mhacbo.org
- (503)231—8164