



## Certified - Qualified Mental Health Associate (QMHA-C)






The QMHA-C requires a combination of education, experience and exams. Upon employment, QMHA-C candidates, must register with MHACBO to earn the Supervised Experience Competency Assessment Hours in the Mental Health Associate Competencies within a State Approved Mental Health Agency.



### Step One: Registration as a Certification Intern Candidate

The certification process begins with registration. Registered intern candidates must meet [OAR 309-019-0125(9)] standards for initial qualification for employment in State Approved Mental Health Agencies. Registered QMHA candidates (QMHA-R) must register upon employment, and become fully certified within 2 years.

The QMHA Registration (QMHA-R) requires:

-  Valid State ID.
-  Bachelors degree in behavioral science or equivalency (a combination of college credits, training, experience hours, etc.), including specialty mental health training, or qualification as a mental health intern [OAR 309-019-0125(9)]. Training evaluation includes primary source verification of college education and prior occupational experience in social services.
-  Preliminary Competency Assessment outlined in [OAR 309-019-0125(9)]
-  Affirmation of the Oregon Behavioral Health Code of Conduct
-  Verification of Abstinence for those in recovery from SUDs



## **Step Two: C-QMHA Certification (completed within 2 years of registration)**

QMHA-C certification is completed through a comprehensive competency assessment and successful completion of a professional psychometric competency exam.



### **Comprehensive Competency Assessment**

Appraisal of supervised clinical experience in the Mental Health Associate Competencies, Scientific Role Delineation Analysis, ©CES, 2017, within a state approved mental health agency. Clinical supervisors within state approved mental health agencies will complete the comprehensive competency evaluation, in the Mental Health Associate Competencies.



### **Professional Exam**

Successful completion of the computerized national professional psychometric examination in the Mental Health Associate Competencies, Scientific Role Delineation Analysis, ©CES, 2017.



### **Education**

Training in (Suicide Screening/Interventions, ASIST, Lethal Means, CAMS, etc.)



**Click here to open a new application for QMHA-C**



# Comprehensive Competency Assessment

Appraisal of Supervised Experience in the Mental Health Associate Competencies, Scientific Role Delineation Analysis, ©CES, 2017.

## Abbreviated Mental Health Associate Competencies

### COMPETENCY DOMAIN ONE Clinical Competence

- Establish a helping relationship with the person receiving services by demonstrating empathy respect and genuineness in order to build trust.
- Orient the person receiving services to the program including rules and expectations.
- Assist in gathering information about basic and community living of the person receiving services to be used in the assessment process.
- Work as part of a treatment team to assist the person receiving services in formulating measurable service/recovery goals.
- Monitor and record the behavior of the person receiving services in order to measure response to interventions.
- Teach basic and community living skills to persons receiving services either individually or in group settings.
- Assist persons receiving services to obtain needed community resources.
- Implement designated interventions and behavioral management program.
- Organize supervise and encourage participation in social, educational, spiritual, cultural, and recreational activities.
- Assist and supervise the person receiving services in completing daily living activities such as but not limited to hygiene grooming and meals.
- Work with the family or designated support persons to understand the needs of the person receiving services and to help the family/support persons assist in the interventions.

### COMPETENCY DOMAIN TWO Professional Responsibility

- Treat persons receiving services their support persons and staff with respect and dignity.
- Comply with federal state local and program regulations in order to protect the privacy and confidentiality of the person receiving services.
- Adhere to ethical codes of conduct in dealing with persons receiving services, their support persons and staff.
- Recognize and demonstrate appropriate boundaries in interactions with persons receiving services their support persons and staff.
- Provide services without discrimination or preference based on age, ethnicity, culture, race, disability, gender, religion, sexual orientation, or socio-economic status.
- Value the ability of each person receiving services to seek and sustain a satisfying life in the community.
- Seek and participate in effective approaches and training to enhance job skills.

### COMPETENCY DOMAIN THREE Safety

- Recognize unsafe behaviors situations and environments and evaluate risks to persons receiving services staff and community members.
- Respond appropriately to unsafe behaviors situations and environments to ensure the safety and well-being of persons receiving services staff and community members.
- Monitor/observe persons receiving services and their environments as required by agency policy and applicable laws and regulations to maintain safety and security.
- Follow established health and safety protocols to ensure safety of the persons receiving services.
- Work with the organization the community and the person receiving services to prepare for and respond to disaster situations.

### COMPETENCY DOMAIN FOUR Administrative Responsibility

- Document all required information in a clear, legible, timely, concise and accurate manner.